

The Empowered Woman's
**Relationship Clarity
Checklist**



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Read the 10 questions below. Click the box next to each question that you AGREE with.
Leave blank those that you do not.

1. ☐ I am not in a toxic or abusive relationship with my partner. (If you are in an abusive relationship, please send me an [email](#) and I will connect you with a trusted colleague of mine who specializes in abusive & toxic relationships.)
2. ☐ When we first met, I chose to be with my partner — we chose each other. Our union started together on a hopeful & loving foundation for our relationship.
3. ☐ My partner and I once felt close & connected, but now there is an ambivalence in the relationship, and I feel disconnected and unfulfilled.
4. ☐ My relationship is affecting my ability to fully enjoy and show up completely in other areas of my life — i.e. socially and/or professionally.
5. ☐ Sometimes I shut down or withdraw instead of trying so hard anymore to connect with my partner.
6. ☐ I miss feeling confident that no matter what happens out in the world, at the end of the day I have a partner that has my back and I feel close with.
7. ☐ I am willing to look at my role in the decrease of relationship connection... I understand that while it isn't all on me, it isn't all on my partner either.
8. ☐ I'm willing to have an open mind to see things differently than I ever have and try a new way of relating with my partner, even if it seems radical at first!
9. ☐ I would be willing to LET GO of the past...including any hurt that has built up in my relationship, if only I knew how!
10. ☐ I'm willing to love myself enough to stop settling for a relationship that doesn't feel in alignment with my desired life, and I'm willing to be the one who decides to change things!

ARE YOU READY TO RECLAIM YOU IN YOUR RELATIONSHIP?

You deserve a Relationship that Thrives

If you agreed with **at least 6** of the questions & are ready to stop merely existing in a relationship that no longer brings you joy and **become the heroine of your own happiness** in your relationships – **The Empowered Woman's Relationship Reset Masterclass** could be the roadmap to get you there!



Thank you for taking the time to go through the Relationship Checklist. I hope it gave you some insights into your relationship. If you are like many of the women I've worked with, you might feel ready to stop settling for a relationship that isn't fulfilling but aren't sure what to do next.

I've been in your shoes, and so have the women I've worked with – so please know you are not alone, and **there is a more enjoyable, empowered way to navigate & experience your relationships.**

If you would like to find out how to shift your relationship in a way that aligns with your true self, I invite you to schedule a free Relationship Clarity Call with me. And if I feel I can help & my Relationship Reset Program is a fit, I'll be excited to share next steps and how we can work together!

Schedule your free call [here!](#)



Marci Traylor is a Certified Professional Life & Relationship Coach and creator of the Reclaiming You Framework™. Drawing on more than 20 years of working with clients, she is an established expert on helping women take their lives to the next level and creating joyful, fulfilling relationships from the inside out. Find out more at www.marcitraylor.com